COMMAND CENTRAL

JOURNEY THROUGH THE **BRAIN & NERVES**

FOURTH GRADE



LEARNING OBJECTIVES

- Identify major brain structures and their functions
- Understand neuroplasticity and brain adaptation
- Explain how neurons transmit electrical signals Apply scientific method through nerve sensitivity testing
- Create artistic representations of brain concepts
- Understand brain's role in thoughts and feelings

7 WEEK UNIT

NERVOUS SYSTEM & NEUROPLASTICITY

WEEKLY ACTIVITIES

- 1. Nervous System Intro: Video, brain structures, neurons
- 2. Brain Parts: Research and label brain functions
- 3. Neuroplasticity: How brains change, adapt, and learn
- 4. Neurographic Art: Meditative line drawing and watercolor
- 5. Playdough Brain: Create circuit brain showing nerve pathways
- 6. Nerve Distribution: Test where body senses touch most
- 7. Universal project: Blood slime creation (take-home)

SKILLS

- 1. Knowledge building, detailed observation
- 2. Research, anatomy knowledge, labeling
- 3. Understanding brain flexibility, growth mindset
- 4. Art creation, mindfulness, creativity
- 5.3D modeling, understanding electrical signals
- 6. cientific method, sensory awareness, data recording
- 7. Creative play, takeaway project

MATERIALS

- 1. Videos, brain diagrams, labels
- 2. Brain diagram, colored pencils, research guides
- 3. Neuroplasticity videos, discussion guides
- 4. Paper, sharpies, watercolors, paint pens, foil
- 5. Circuit playdough, LED lights, playdough kit
- 6. Touch items (cotton, ice), testing guides
- 7. Starch, glue, red food coloring, sandwich bags

CALIFORNIA STANDARDS

- 4.L.1.a Construct food webs showing energy flow
- 4.PS.3.a Provide evidence that motion is affected by forces
- Math 4.MD.A Know relative sizes of measurement units
- ELA 4.SL.4 Report on topics with relevant details